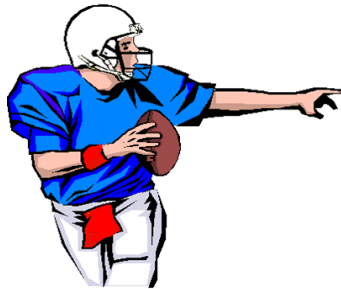


Youth Flag Football Teams

L.E. Phillips YMCA Sports Center – Fall 2: 2022

AGES 6-8 YRS

1. BEARS (Blue)
2. VIKINGS (Gold)
3. PACKERS (Green)
4. CARDINALS (Red)



AGES 9-11 YRS

5. COWBOYS (Blue)
6. SAINTS (Gold)
7. JETS (Green)
8. PATRIOTS (Red)

There are two separate leagues. Teams numbered 1-4 are teams consisting of ages 6-8. They will play games at either 5:10 or 6:00 each Thursday. Teams numbered 5-8 are teams consisting of ages 9-11. They will play games at either 6:50 or 7:40 each Thursday.

Thursday, October 27th

Training Camp

6-8: 5:30-6:30

9-11: 6:40-7:40

Good Job Everyone!

Thursday, November 3rd – TEAM PRACTICE

	Front Turf		Back Turf	
5:10	2	&	4	PRACTICE
6:00	1	&	3	PRACTICE
6:50	5	&	8	PRACTICE
7:40	6	&	7	PRACTICE

Thursday, November 10th

5:10 1 vs 2

6:00 3 vs 4

6:50 5 vs 6

7:40 7 vs 8

Thursday, November 17th

5:10 1 vs 4

6:00 2 vs 3

6:50 6 vs 8

7:40 5 vs 7

Thursday, November 24th

No Games

Thanksgiving

Thursday, December 1st

5:10 2 vs 4

6:00 1 vs 3

6:50 5 vs 8

7:40 6 vs 7

Thursday, December 8th

PLAYOFFS BEGIN

5:10 Younger S2vS3

6:00 Younger S1vS4

6:50 Older S2vS3

7:40 Older S1vS4

Thursday, December 15th

SUPER BOWL

5:10 Younger 3rd Place

6:00 Younger Championship

6:50 Older 3rd Place

7:40 Older Championship

"Life's battles don't always go to the stronger or faster competitor. But sooner or later the competitor, who wins, is the one who thinks he can." ~Vince Lombardi



Dear Youth Flag Football Players and Families,

Thank you for your participation in the YMCA Sports Center's Youth Flag Football League! The first week will be used for training camp purposes, as it is very important to understand the rules of the game. The lead instructors will practice basic football skills and fundamentals with the children. Training camp will run 5:30-6:30pm for 6-8 year old's and 6:30-7:30 for 9-11 year old's.

After Thursday night, the players will be divided into teams for the remainder of the season. We will be dividing the teams based on age, height, speed, overall skill and technique. Please realize that we have the children's best interest in mind and will do our best to make the teams as fair as possible. Because of this, we are not able to guarantee placement requests unless they are immediate family.

The league schedule will consist of a team practice week (November 3rd). The team practice is meant for coaches/players to meet and give us a better idea of the team skills. Players are required to show up at their designated time on the schedule.

IMPORTANT: Individuals may be moved to a different team after evaluation on practice night.

For the scheduled games, each team will practice for the first 5 minutes and then play one game: (2 – 20-minute halves) per night:

- 5:10 or 6:00PM games for the younger age bracket
- 6:50 or 7:40PM games for the older age bracket

*Please see attached schedule.

The Sport's Center staff will designate teams and send notification via e-mail by **5:00pm: Monday (October 31st)**. Please also feel free to access our website at www.ymca-cv.org to confirm teams after that time.

If you are unable to open the file or do not have internet access, please feel free to call The Sports Center for team placement.

SPECIAL NOTE: Each team will have a volunteer coach assigned to their team. If you are interested in being a volunteer coach, please make sure to sign the sheet at the front desk.

The Sports Center's next Youth Flag Football Session will take place in January. Registration information will be available mid-way through the Winter. Thank you again for your participation! We are happy to have you here and appreciate your support.

Sincerely,

Amy M. Peterson-Foss

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