



Eau Claire Basketball League 5th/6th Grade Rules & Guidelines



OBJECTIVES:

1. To teach the Four Core Values of the YMCA: Caring, Honesty, Respect, and Responsibility.
2. To establish a program developing both mental and physical abilities to the fullest extent.
3. To provide an environment of cooperation, sportsmanship, fun, and fair play for all participants.
4. To teach basic skills, fundamentals, and appreciation of the game to all participants.
5. To instill valuable characteristics of teamwork, leadership, and positive work ethic in all participants.

All WIAA Basketball rules will apply with the exception of:

- 10 ft Hoop
- League will use a 28.5 size basketball.
- Regulation Free Throw Line. Players cannot rebound until the ball hits the rim.
- 10 Minutes Quarters; Running Clock; Stopping the last 2 minutes of 4th quarter.
- One 2-minute overtime will be used in the event of a tie. If a tie remains after the 2-minute overtime, the game will result in a tie.
- Game Intervals
 - One minute between quarters
 - Three minute half time
 - Two - 1 minute time outs per half. One extra time out per overtime.
- Players will be allowed to press in the back court only during the last two minutes of the fourth quarter. Players cannot press if their team is ahead by 10 or more points.
- Man to man defense only. Any team using a zone defense will be given a verbal warning for the first offense. Any violation thereafter will result in a penalty awarding the opposing team 1 free throw and possession of the ball.
- 5v5 Regulation Court
- 3-point baskets are awarded.
- Bonus will be awarded on the seventh team foul. Double bonus (two free throws) will be awarded on the tenth team foul.
- Players will foul out on their 5th personal foul.

YMCA of the Chippewa Valley