WAIVER & RELEASE

I, the undersigned, fully recognize the inherent and potential risks of these Pure Water Days Races at the Chippewa Falls YMCA, and fully understand that it is not the exclusive purpose of these races or their officials, sponsors, and directors to serve as guardians of my safety.

I hereby release the Chippewa Falls YMCA, its Board of Directors, Race Sponsors, Race Director, workers, the City of Chippewa Falls, and Chippewa County from any liability arising from any occurrence, whether foreseen or unforeseen, in connection with these Pure Water Days Races which may result in injury, death, or any other damage to me. I hereby assume full responsibility for the risk of any accidental occurrence resulting in injury, death or any other damage due to my participation in these Pure Water Day Races and further waive any claim by me, or my family, estate, heirs, or assigns, arising from an accidental occurrence.

I further assume full responsibility for my physical fitness and capability to perform under the normal conditions of the races. I have trained sufficiently to be able to participate in the event I have registered for.

I expressly agree that this waiver and release is intended to be as broad and inclusive as permitted by the laws of Wisconsin, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I hereby certify that I am of lawful age and legally competent to sign this Waiver and Release and further certify that I am fully informed of the contents of the Waiver and Release.

Date

Signature (Parent if under 18)

Note:

- One entry with waiver signed per person, per race
- All waiver forms must be signed
- Return entry form entirely completed with payment

LEINENKUGEL'S PURE WATER DAYS RACES SPONSORS

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FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

PURE WATER DAYS RACES



SATURDAY, AUGUST 12, 2023

CHIPPEWA FALLS YMCA



THE RACES

200 METER DASH: For youth ages 8 and under to be held after the 4 mile. Race at 9:00 am. All participants will receive medals and T-shirts.

ONE-MILE FUN RUN: This race is for all ages and you have the option to run or walk the course. Race begins at 7:30 am.

TWO-MILE FIT WALK: We encourage families to participate in this walk, but all walkers are welcome. Walk begins at 8:00 am.

4 MILE: This race begins and ends at the YMCA. The course takes you through scenic Irvine Park. Race begins at 8:00 am.

BILL ROEGGE MEMORIAL HALF MARATHON: In

memory of Bill, who was a long-time runner in this event and supported the Y throughout his life, we dedicated this event in his honor. This race begins and ends at the Y. The course takes you out on blacktop roads through the scenic countryside and eventually passes through Irvine Park. Race begins at 8:00 am.

FINISH: Hospitality area with Premium Waters Water, Coca-Cola Products, Family Fare Fruit and other refreshments.

FACILITIES: Bathrooms and Showers available at the Y.

AWARDS: All participants will receive a finisher medal at the finish line of their race.

AID STATIONS: All Aid Stations will be furnished with Premium Waters Water and Powerade.





COURSE RECORDS

1 MILE	MALE	NICK ZANDER (`13)	4:29
	FEMALE	KATHY SEIDL (`92)	5:41
4 MILE	MALE	DAN HELD(`89)	18:55
	FEMALE	ANN COURTNEY ('92)	22:11

1/2 MARATHON

MALE CODIE SEE (`05) 1:08:11 FEMALE JILL ANDERSON (`92) 1:22:43

SPAGHETTI FEED

Friday, August 11th (5:00 -7:00 PM) at McDonell High School. \$8 at the door. Feed includes spaghetti, salad and beverage. Proceeds go to McDonell High School Track and Cross Country Program.

Pre-Registered Packet Pick-Up on Friday from <u>5:30—7:00 PM</u> Saturday Registration and Packet Pick-Up Starts at 6:30 am

FOR MORE INFORMATION/ PRE-REGISTRATION CHIPPEWA FALLS YMCA 611 JEFFERSON AVE, CHIPPEWA FALLS, WI 54729 715.723.2201 · WWW.YMCA-CV.ORG



LEINENKUGEL'S PURE WATER DAYS RACES OFFICIAL ENTRY FORM

Name	
Address	
City	State Zip
Age: DOB	Sex: Male / Female
Email:	equired
Tech Race Shirts S Ladies S M L XL Men's S M L XL Youth S M L	Dize: (circle one) XXL
WHICH RACE? (circle 200 Meter Dash 2 Mile Fit Walk	1 Mile Run/Walk

Advanced Registration (before Aug. 12)

200 Meter Dash	\$15.00
1 Mile Run Walk	\$25.00
2 Mile Fit Walk	\$20.00
4 Mile Run	\$30.00
1/2 Marathon	\$45.00
FAMILY (Max of 5)	\$90.00

Race Day Registration (Aug. 12)

200 Meter Dash	\$20.00
1 Mile Run Walk	\$30.00
2 Mile Fit Walk	\$25.00
4 Mile Run	\$35.00
1/2 Marathon	\$50.00
FAMILY (Max of 5)	\$100.00

EMERGENCY CONTACT NAME:

EMERGENCY CONTACT PHONE NUMBER:



AMOUNT ENCLOSED \$_____

Entry fee includes t-shirt, finisher medal, food, refreshments and fun! *PLEASE SIGN WAIVER & RELEASE ON BACK*