

HOLIDAY SCHEDULE CHANGES



THANKSGIVING & BLACK FRIDAY CHIPPEWA FALLS YMCA

THANKSGIVING DAY

NOVEMBER 28, 2024: 7:00-11:00 AM

CHILD WATCH - CLOSED

GROUP EXERCISE SCHEDULE:

7:30-8:15 AM - Indoor Cycling w/ Kara

8:30-9:15 AM - Variety w/ Whitney

9:30-10:30 AM - Yoga w/ Taryn

The Chippewa YMCA
is OPEN and FREE on
Thanksgiving to ALL
with donation of
non-perishable food
item to Agnes Table!

BLACK FRIDAY

NOVEMBER 29, 2024: 5:00 AM-7:00 PM

GROUP EXERCISE SCHEDULE:

8:15-9:15 AM - AquaFIT w/ Shauna (Pool)

9:30-10:30 AM - Yoga w/ Carolyn

4:30-5:30 PM - Restorative Yoga w/ Taryn



[YMCA-CV.ORG/
GROUPEXSCHEDULES](https://YMCA-CV.ORG/GROUPEXSCHEDULES)

