## **WAIVER & RELEASE**

I, the undersigned, fully recognize the inherent and potential risks of these Pure Water Days Races at the Chippewa Falls YMCA, and fully understand that it is not the exclusive purpose of these races or their officials, sponsors, and directors to serve as guardians of my safety.

I hereby release the Chippewa Falls YMCA, its Board of Directors, Race Sponsors, Race Director, workers, the City of Chippewa Falls, and Chippewa County from any liability arising from any occurrence, whether foreseen or unforeseen, in connection with these Pure Water Days Races which may result in injury, death, or any other damage to me. I hereby assume full responsibility for the risk of any accidental occurrence resulting in injury, death or any other damage due to my participation in these Pure Water Day Races and further waive any claim by me, or my family, estate, heirs, or assigns, arising from an accidental occurrence.

I further assume full responsibility for my physical fitness and capability to perform under the normal conditions of the races. I have trained sufficiently to be able to participate in the event I have registered for.

I expressly agree that this waiver and release is intended to be as broad and inclusive as permitted by the laws of Wisconsin, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I hereby certify that I am of lawful age and legally competent to sign this Waiver and Release and further certify that I am fully informed of the contents of the Waiver and Release.

Signature (Parent if under 18)

Date

#### Note:

- One entry with waiver signed per person, per race
- All waiver forms must be signed
- Return entry form entirely completed with payment

# LEINENKUGEL'S PURE WATER DAYS RACES SPONSORS

























FARE.



EXTRUSION DIES INDUSTRIES







FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# PURE WATER DAYS RACES



SATURDAY, AUGUST 10, 2024

**CHIPPEWA FALLS YMCA** 

### THE RACES

200 METER DASH: For youth ages 8 and under to be held after the 4 mile. Race at 9:00 am. All participants will receive medals and T-

ONE-MILE FUN RUN: This race is for all ages and you have the option to run or walk the course. Race begins at 7:30 am.

TWO-MILE FIT WALK: We encourage families to participate in this walk, but all walkers are welcome. Walk begins at 8:00 am.

4 MILE: This race begins and ends at the YMCA. The course takes you through scenic Irvine Park. Race begins at 8:00 am.

BILL ROEGGE MEMORIAL HALF MARATHON: In memory of Bill, who was a long-time runner in this event and supported the Y throughout his life, we dedicated this event in his honor. This race begins and ends at the Y. The course takes you out on blacktop roads through the scenic countryside and eventually passes through Irvine Park. Race begins at 8:00 am.

FINISH: Hospitality area with Premium Waters Water, Coca-Cola Products, Family Fare Fruit and other refreshments.

FACILITIES: Bathrooms and Showers available at the Y. Bathrooms will also be available on the course

**AWARDS: All participants will receive a** finisher medal at the finish line of their race.

AID STATIONS: All Aid Stations will be furnished with Premium Waters Water and Powerade.





#### **COURSE RECORDS**

1 MILE MALE

1 MILL	FEMALE	KATHY SEIDL (192)	5:41
4 MILE	MALE FEMALE	DAN HELD(`89) ANN COURTNEY ('92)	18:55 22:11
1/2 MA	RATHON MALE FEMALE	CODIE SEE ('05) JILL ANDERSON ('92)	1:08:11 1:22:43

NICK TANDED (13)

#### SPAGHETTI FEED

Friday, August 9th (5:00 -7:00 PM) at McDonell High School. \$8 at the door. Feed includes spaghetti, salad and beverage. Proceeds go to McDonell High School Track and Cross Country Program.

Pre-Registered Packet Pick-Up on Friday from 5:30—7:00 PM

**Saturday Registration and Packet** 



Pick-Up Starts at 6:30 AM

### LEINENKUGEL'S PURE WATER DAYS RACES OFFICIAL ENTRY FORM

Name			
Address			
City	State Zip		
Age: DOB			
Email:	Peguired		
Tech Race Shirts Size: (circle one) Ladies S M L XL XXL Men's S M L XL XXL XXXL Youth S M L NOTE: SHIRTS WILL NOT BE GUARANTEED ON RACE DAY.			
WHICH RACE? (ci 200 Meter Dash 2 Mile Fit Walk 1/2 Marathon	rcle one) 1 Mile Run/Walk 4 Mile Run		
Advanced Regis 200 Meter Dash 1 Mile Run Walk 2 Mile Fit Walk 4 Mile Run 1/2 Marathon FAMILY (Max of 5)	\$15.00 \$15.00 \$25.00 \$20.00 \$30.00 \$45.00 \$110.00		
Race Day Regist 200 Meter Dash 1 Mile Run Walk 2 Mile Fit Walk 4 Mile Run 1/2 Marathon FAMILY (Max of 5)	\$20.00 \$20.00 \$30.00 \$25.00 \$35.00 \$50.00 \$120.00		
EMEDGENCY CONT	TACT NAME.		

# **EMERGENCY CONTACT PHONE NUMBER:**

# **AMOUNT ENCLOSED \$**

Entry fee includes t-shirt, finisher medal, food, refreshments and fun!

