



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# OPPORTUNITY AWAITS

## YOUTH GROUP EXERCISE INSTRUCTOR PART-TIME | CHIPPEWA FALLS

The youth group exercise instructor is responsible for instructing safe, effective and fun group exercise classes for youth (ages 4 – 11), as well as enhancing the quality, growth, and retention of the youth group exercise program.

The instructor creates a positive environment that promotes member's wellness. Class type to be determined based on applicants qualifications and interests. Examples include: Kids Fitness, Kids Yoga, Kids Bootcamp, etc. Interest in family-based classes is also an option – Family Fitness, Family Yoga, etc.

### ESSENTIAL FUNCTIONS:

- Leads energizing, fun, safe, and educational group youth exercise classes, as directed by the supervisor, to accomplish the YMCA mission and goals
- Provides excellent customer service to all members, guests and staff
- Stays informed of all program offerings, class scheduling, membership changes, policies, etc. and cross promotes when appropriate.
- Builds effective, authentic relationships with members; helps members connect with each other and the YMCA
- Follows YMCA policies and procedures; responds to emergency situations
- Other duties as assigned

### QUALIFICATIONS:

- Required certifications: CPR, First Aid, AED
- \*CPR training is provided by the Y and must be completed within the first 60 days
- Certification in areas of expertise (recommended) but will train the right person.
- At least one year of experience teaching group wellness classes preferred.

### PHYSICAL DEMANDS:

- Ability to plan, lead and participate in class activities.
- Ability to perform all physical aspects of the position; including leading class, walking, standing, bending, reaching, and lifting.



### Chippewa Falls YMCA

611 Jefferson Ave, Chippewa Falls, WI 54729  
715.723.2201 [www.ymca-cv.org](http://www.ymca-cv.org)

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and help make our community  
a better place!

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## HOW TO APPLY:

Fill out our general application on our website or email your resume to  
Carrie Mathwig, Healthy Living Director at [cmathwig@ymca-cv.org](mailto:cmathwig@ymca-cv.org)

