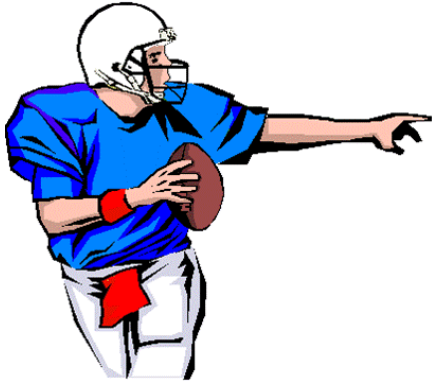


# Youth Flag Football (Mondays)

L.E. Phillips YMCA Sports Center – Spring 2024



## AGES 6-8 YRS

1. BILLS (Blue)
2. STEELERS (Gold)
3. EAGLES (Green)
4. FALCONS (Red)

Teams will play games at either 5:10 or 6:00 each Monday.

### Monday, March 11<sup>th</sup>

Training Camp  
6-8yrs 5:30-6:30PM  
Great Job Everyone!

### Monday, March 18<sup>th</sup> – TEAM PRACTICE/SCRIMMAGE

	Front Turf		Back Turf	
5:10	2	vs	4	PRACTICE
6:00	1	vs	3	PRACTICE

### Monday, March 25<sup>th</sup>

**NO GAMES -  
SPRING BREAK!**

### Monday, April 1<sup>st</sup>

5:10	1	vs	2
6:00	3	vs	4

### Monday, April 8<sup>th</sup>

5:10	2	vs	3
6:00	1	vs	4

### Monday, April 15<sup>th</sup>

5:10	1	vs	3
6:00	2	vs	4

### Monday, April 22<sup>nd</sup>

5:10	3	vs	4
6:00	1	vs	2

### Monday, April 29<sup>th</sup>

**PLAYOFFS BEGIN**  
5:10 Seed 1 vs Seed 4  
6:00 Seed 2 vs Seed 3

### Monday, May 6<sup>th</sup>

**CHAMPIONSHIP NIGHT (ALL TEAMS PLAY)**

5:10 3<sup>rd</sup> Place  
6:00 Championship



“Life’s battles don’t always go to the stronger or faster competitor. But sooner or later the competitor, who wins, is the one who thinks he can.” ~Vince Lombardi

Dear Youth Flag Football Players and Families,

Thank you for your participation in the YMCA Sports Center's Youth Flag Football League! The first week will be used for training camp purposes, as it is very important to understand the rules of the game. The children will practice basic football skills and fundamentals. Training camp will run 5:30-6:30pm.

After Monday night, the players will be divided into teams for the remainder of the season. We will be dividing the teams based on age, passing, catching, and overall skill. Please realize that we have the children's best interest in mind and will do our best to make the teams as fair as possible. Because of this, we are not able to guarantee placement requests unless they are immediate family.

The league schedule will consist of a team practice next week. The team practice is meant for coaches/players to meet and give us a better idea of the team skills. Players are required to show up at their designated time on the schedule.

**IMPORTANT: Individuals may be moved to a different team after evaluation on practice night.**

For the scheduled games, each team will practice for the first 5 minutes and then play one game: (2:20-minute halves) per night:

- 5:10 or 6:00PM games

\*Please see attached schedule.

The Sports Center staff will designate teams and send notification via e-mail by **5:00pm: Thursday (March 14)**. Please also feel free to access our website at [www.ymca-cv.org](http://www.ymca-cv.org) to confirm teams after that time.

**SPECIAL NOTE:** Each team will have a volunteer coach assigned to their team. If you are interested in being a volunteer coach, please make sure to sign the sheet at the front desk.

The Sports Center's next Youth Flag Football Session will take place in June/July. Registration is open and available. Thank you again for your participation! We are happy to have you here and appreciate your support.

Sincerely,

**Amy M. Peterson-Foss**  
Sports Center Director  
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