

Youth Flag Football Teams

YMCA Sports Center – Winter 20-21



AGES 12-14 YRS

1. GATORS (Blue)
2. CYCLONES (Gold)
3. FIGHTING IRISH (Green)
4. BEARCATS (Red)

Teams numbered 1-4 are teams consisting of ages 12-14 year olds. They will play games at either 9:00AM or 9:50AM each Saturday.

Saturday, December 5th

Check-In 9:00-9:15AM

Training Camp

9:15AM-10:00AM

Good Job Everyone!

Saturday, December 12th

Front Turf Back Turf

9:00 2 & 4 TEAM PRACTICE

9:50 1 & 3 TEAM PRACTICE

Saturday, December 19th

9:00 1 vs 2

9:50 3 vs 4

Saturday, January 2nd

9:00 1 vs 4

9:50 2 vs 3

Saturday, January 9th

9:00 1 vs 3

9:50 2 vs 4

Saturday, January 16th

9:00 3 vs 4

9:50 1 vs 2

Saturday, January 23rd

9:00 2 vs 3

9:50 1 vs 4

Saturday, January 30th – Playoffs

9:00 S2 vs S3 Rose Bowl

9:50 S1 vs S4 Sugar Bowl

Saturday, February 6th

NATIONAL CHAMPIONSHIP!

All teams will play!

“Life’s battles don’t always go to the stronger or faster competitor. But sooner or later the competitor, who wins, is the one who thinks he can.” – Vince Lombardi



Dear Youth Flag Football Players and Families,

Thank you for your participation in the YMCA Sports Center's Youth Flag Football League! The first week will be used for training camp purposes, as it is very important to understand the rules of the game. The lead instructors will practice basic football skills and fundamentals with the youth. Check in will run from 9:00-9:15am and Training camp will run from 9:15-10am.

After this morning, the players will be divided into teams for the remainder of the season. We will be dividing the teams based on age, height, speed, overall skill, and technique. **Please realize that we have the player's best interest in mind and will do our best to make the teams as fair as possible.** Because of this, we are not able to guarantee placement requests unless they are immediate family.

The league schedule will consist of a team practice week (next week: December 12th) and will be followed by 7 games that will all be played on Saturday mornings. The team practice is meant for coaches/players to meet and give us a better idea of the team skills. Players are required to show up at their designated time on the schedule.

IMPORTANT: Individuals may be moved to a different team after evaluation on practice morning.

For the scheduled games, each team will practice for the first 5 minutes and then play one game (2 – 20 minute halves) per morning:

- 9:00 or 9:50am

*Please see attached schedule.

The Sport's Center staff will designate teams and send notification via e-mail by 5:00pm: Thursday (Dec 10th). Please also feel free to access our website at www.ymca-cv.org to confirm teams after that time.

If you are unable to open the file or do not have internet access, please feel free to call The Sports Center for team placement.

SPECIAL NOTE: Each team will have a volunteer coach assigned to their team. If you are interested in being a volunteer coach, please make sure to sign the sheet at the front desk.

Thank you again for your participation! We are happy to have you here and appreciate your support😊.

Sincerely,

Sawyer Sturz

Sports Center Program Coordinator

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