

# Youth Flag Football Teams

L.E. Phillips YMCA Sports Center – Winter : 2021

## AGES 6-8 YRS

1. BEARS (Blue)
2. VIKINGS (Gold)
3. PACKERS (Green)
4. CARDINALS (Red)



## AGES 9-11 YRS

5. COWBOYS (Blue)
6. SAINTS (Gold)
7. JETS (Green)
8. PATRIOTS (Red)

There are two separate leagues. Teams numbered 1-4 are teams consisting of ages 6-8. They will play games at either 5:10 or 6:00 each Thursday. Teams numbered 5-8 are teams consisting of ages 9-11. They will play games at either 6:50 or 7:40 each Thursday.

### Thursday, January 7<sup>th</sup>

Training Camp  
6-8yrs 5:30-6:30PM  
9-11yrs 6:30-7:30PM  
Great Job Everyone!

### Thursday, January 14<sup>th</sup> – TEAM PRACTICE/SCRIMMAGE

	Front Turf		Back Turf		
5:10	2	&	4		PRACTICE
6:00	1	&	3		PRACTICE
6:50	5	&	8		PRACTICE
7:40	6	&	7		PRACTICE

### Thursday, January 21<sup>st</sup>

5:10	1	vs	2
6:00	3	vs	4
6:50	5	vs	6
7:40	7	vs	8

### Thursday, January 28<sup>th</sup>

5:10	1	vs	4
6:00	2	vs	3
6:50	6	vs	8
7:40	5	vs	7

### Thursday, February 4<sup>th</sup>

5:10	1	vs	3
6:00	2	vs	4
6:50	6	vs	7
7:40	5	vs	8

### Thursday, February 11<sup>th</sup>

5:10	3	vs	4
6:00	1	vs	2
6:50	7	vs	8
7:40	5	vs	6

### Thursday, February 18<sup>th</sup>

5:10	2	vs	3
6:00	1	vs	4
6:50	5	vs	7
7:40	6	vs	8

### Thursday, February 25<sup>th</sup>

5:10	2	vs	4
6:00	1	vs	3
6:50	5	vs	8
7:40	6	vs	7

### Thursday, March 4<sup>th</sup>

**SUPER BOWL – CHAMPIONSHIP NIGHT (ALL TEAMS PLAY)**

**“Life’s battles don’t always go to the stronger or faster competitor. But sooner or later the competitor, who wins, is the one who thinks he can.” ~Vince Lombardi**



**Dear Youth Flag Football Players and Families,**

Thank you for your participation in the YMCA Sports Center's Youth Flag Football League! The first week will be used for training camp purposes, as it is very important to understand the rules of the game. The lead instructors will practice basic football skills and fundamentals with the children. Training camp will run 5:30-6:30pm for 6-8 year old's and 6:45-7:45 for 9-11 year old's.

After tonight, the players will be divided into teams for the remainder of the season. We will be dividing the teams based on age, height, speed, overall skill and technique. **Please realize that we have the children's best interest in mind and will do our best to make the teams as fair as possible.** Because of this, we are not able to guarantee placement requests unless they are immediate family.

The league schedule will consist of a team practice week (next week: January 14<sup>th</sup>) and will be followed by 7 games that will all be played on Thursday evenings. The team practice is meant for coaches/players to meet and give us a better idea of the team skills. Players are required to show up at their designated time on the schedule.

**IMPORTANT: Individuals may be moved to a different team after evaluation on practice night.**

For the scheduled games, each team will practice for the first 5 minutes and then play one game: (2 – 20-minute halves) per night:

- 5:10 or 6:00PM games for the younger age bracket
- 6:50 or 7:40PM games for the older age bracket

\*Please see attached schedule.

**The Sport's Center staff will designate teams and send notification via e-mail by 5:00pm: Tuesday (Jan 12<sup>th</sup>). Please also feel free to access our website at [www.ymca-cv.org](http://www.ymca-cv.org) to confirm teams after that time.**

**If you are unable to open the file or do not have internet access, please feel free to call The Sports Center for team placement.**

**SPECIAL NOTE: Each team will have a volunteer coach assigned to their team. If you are interested in being a volunteer coach, please make sure to sign the sheet at the front desk.**

The Sports Center will be offering the Spring Youth Flag Football Session and it will start on March 11<sup>th</sup>. Registration will be available online very soon. Thank you again for your participation! We are happy to have you here and appreciate your support😊

Sincerely,

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