

Nelson Gym

Updated: 7/27/2021

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-8:00 AM							Y Opens at 11am
8:00-9:00 AM							
9:00-10:00 AM							
10:00-10:30 AM							
10:30-11:00 AM							
11:00-11:30 AM							
11:30-12:00 PM	Adult Pick-up BB	Adult Pick-up BB	Adult Pick-up BB	Adult Pick-up BB	Adult Pick-up BB		
12:00-12:30 PM							
12:30-1:00 PM							
1:00-1:30 PM							
1:30-2:00 PM						Y Closes at 1pm	
2:00-2:30 PM							
2:30-3:00 PM							
3:00-3:30 PM							
3:30-4:00 PM							
4:00-4:30 PM							
4:30-5:00 PM		Basketball League					
5:00-5:30 PM							
5:30-6:00 PM							
6:00-6:30 PM							
6:30-7:00 PM							Y Closes at 8pm
7:00-7:30 PM							
7:30-8:00 PM							
8:00-8:30 PM	Y Closes at 8pm	Y Closes at 8pm	Y Closes at 8pm	Y Closes at 8pm	Y Closes at 7pm	Y Closes at 1pm	
8:30-9:00 PM							
9:00-9:30 PM							
9:30-10:00 PM							

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