

Nelson Gym

Updated: 9/3/2021

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------|------------------|------------------|------------------|------------------|------------------|-----------------|-----------------|
| 6:00-8:00 AM | | | | | | | Y Opens at 11am |
| 8:00-9:00 AM | | | | | | | |
| 9:00-10:00 AM | | | | | | | |
| 10:00-10:30 AM | | | | | | | |
| 10:30-11:00 AM | | | | | | | |
| 11:00-11:30 AM | | | | | | | |
| 11:30-12:00 PM | Adult Pick-up BB | Adult Pick-up BB | Adult Pick-up BB | Adult Pick-up BB | Adult Pick-up BB | | |
| 12:00-12:30 PM | | | | | | | |
| 12:30-1:00 PM | | | | | | | |
| 1:00-1:30 PM | | | | | | | |
| 1:30-2:00 PM | | | | | | | |
| 2:00-2:30 PM | | | | | | | |
| 2:30-3:00 PM | | | | | | | |
| 3:00-3:30 PM | | | | | | | |
| 3:30-4:00 PM | | | | | | | |
| 4:00-4:30 PM | | | | | | Y Closes at 4pm | |
| 4:30-5:00 PM | | | | | | | |
| 5:00-5:30 PM | | | | | | | |
| 5:30-6:00 PM | | | | | | | |
| 6:00-6:30 PM | | | | | | | |
| 6:30-7:00 PM | | | | | | | |
| 7:00-7:30 PM | | | | | Y Closes at 7pm | | |
| 7:30-8:00 PM | | | | | | | |
| 8:00-8:30 PM | Y Closes at 8pm | Y Closes at 8pm | Y Closes at 8pm | Y Closes at 8pm | Y Closes at 7pm | Y Closes at 4pm | Y Closes at 8pm |
| 8:30-9:00 PM | | | | | | | |
| 9:00-9:30 PM | | | | | | | |
| 9:30-10:00 PM | | | | | | | |

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